

# St. Nectarios Orthodox Church

405 Marcum Road, Lakeland, Florida 33809 • Presiding Priest: Fr. Demetrious E. Glimidakis • (863) 450-4893



May 17, 2020

*Christ Is Risen! Truly, He Is Risen!  
Glory Be To Jesus Christ! Glory be Forever!*

Dear Parishioners of St. Nectarios,

Our Metropolitan Bishop Gregory sends his blessings and asks that we abide by the safe re-opening measures of our parish due to the COVID-19 pandemic.

We will be observing the following protocols to reduce possible exposures and limit spread and possible contamination due to the virus.

1. If you are feeling ill, **STAY HOME!** We are streaming services for your participation and the Eucharist can be brought to you when you are feeling well.
2. Facial masks are **recommended**, but are not mandatory. If you are making masks, you are welcome to bring new, clean masks to distribute in the Narthex.
3. Services will be **limited** to 25 people, including the priest and chanter. Additional services are added per week for everyone to come and participate and receive the Holy Eucharist. We will be offering a **2nd Divine Liturgy on Thursdays**,
4. Hand sanitizers will be in the Narthex; soaps and other cleaners will be readily available in the restrooms as well. If you want to bring your own or one to share with the parish, you are welcome to do so.
5. We will offer services in the hall via closed-circuit broadcast if you prefer to sit away from others and we will continue to live stream services via Facebook.
6. Please refrain from kissing icons and the priest's hand until the danger of COVID is over.
7. Eucharist - One chalice, one spoon. Fr. will drop the Eucharist into each opened mouth, **DO NOT** close your mouth over the spoon, tilt your head back and open your mouth and allow the priest to drop the Eucharist into your mouth,
  - a. Father will distribute the Eucharist on both sides of the aisle.
  - b. Approach 1 family unit at a time, allow the family to receive and return to their seats before coming up to receive allowing for the 6' ft social distancing.
  - c. Be patient, there is plenty of Eucharist and the priest will get to everyone.
8. Antidoran (the gift of bread after the Eucharist) will be distributed by the priest after service for those who wish to receive.
9. There will be **NO COFFEE HOUR** after services until the danger of COVID19 is over.
10. **VOLUNTEERS:** we will need volunteers after every service to assist in cleaning the church. Restrooms, doors (door handles on all entryways front/back), wipe down chairs, mop floors, vacuum carpets, etc,

Donation QR Code



**OUR FIRST PUBLIC SERVICE WILL BE  
THURSDAY, MAY 21st, 2020 - Sts. Constantine & Helen!**

God bless you,

Fr. Demetrious E. Glimidakis

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